



Astrological Guidance
Flower Essence Support
Holistic Energy Healing

~ From Earth and Above ~

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Integrating Heart Strength And Compassion In Relationships

Primary Indications:

- * To help any couple's relationship evolve to its highest capacity by learning to both give and receive with vibrant heart forces
- * To heal and re-build after divorce and other failed relationships, allowing the heart to find renewed expression and new social possibilities
- * As a general heart elixir to improve close social relationships with family and friends; so that the heart operates from a place of honesty, integrity and genuine caring
- * To regenerate heart health, when prone to physical illness, heart-related stress, or a family history of heart disease; can be mixed into Self-Heal Cream and massaged into the chest/lung area; or used in tandem and/or alternation with Benediction Oil
- * During challenging episodes of adolescence and young adulthood; when learning to form meaningful relationships with others and establish appropriate boundaries
- * To help parents and other close guardians develop nurturing relationships with children, through strong heart forces that engender affection and respect
- * To help caretakers of pets enjoy loving, heart-based relationships while maintaining healthy boundaries and clear communication

Positive qualities: Integrated heart forces of strength and compassion; beneficial relationships that balance self-identity and receptivity to the other; ability to establish loving boundaries with children, pets or others in one's care; replenishing soul forces after death or divorce

Patterns of imbalance: Emotional numbness or retreat due to failed or severed relationships; compassion fatigue due to poor boundaries; depletion, emotional enmeshment and merging; lack of trust or healthy vulnerability due to previous relationship trauma

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