



Astrological Guidance
Flower Essence Support
Holistic Energy Healing

~ From Earth and Above ~

Return to site: www.newearthessence.com Email: christina@newearthessence.com ~

**Intake Form for Flower Essence Consultation – print, fill out, scan and email to address above.
If you need to send by mail, send to: P.O. Box 2041, Evergreen, CO 80437-2041**

Date:

Name:

Gender:

Address:

Phone Number:

Email address:

Date of Birth:

Living Situation (alone or with significant other):

Ages of Children (if any):

Employment:

Hobbies and Interests, including service or volunteer work:

**Have you received flower essences before?
If so, how did you find out about them?**

Briefly summarize your experiences with the essences:

What is your main purpose in exploring and receiving flower essences? Check those that apply and then comment further on those areas below.

- To deal with negative and/or painful emotions
- To cope with stress and the demands of life
- To bring about a more positive attitude toward life
- For greater clarity about life work and purpose
- To support long-term inner growth and transformation
- To enhance creativity and self-expression
- To improve self-image, confidence, and feelings about self
- To improve relationships with others
- To improve communication skills
- For help with an immediate crisis (describe below)
- To support physical healing
- Other (describe below)

Please comment on the above:

Please give a brief description on the general state of your health in the following areas:
Physical Health (Significant medical history, diet, exercise, energy level, etc.):

Emotional Health (Feelings about self or others, ongoing patterns, habits or areas of conflict):

Mental Health (General outlook on life, beliefs, and attitudes):

Spiritual Health (Sense of purpose, religious or moral values):

How do you feel about your work or other vocational interests?

How do you feel about your relationships, especially significant ones?

Briefly discuss your family background:

Describe any other therapies or significant growth processes you are currently undergoing. Also, list any medications or dietary restrictions, including sensitivity to alcohol (this is frequently used as a fixative in essences, although there are alternatives).