



Astrological Guidance
Flower Essence Support
Holistic Energy Healing
~ From Earth and Above ~

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Composure and Containment when Challenged by Fear, Anxiety or Panic

Primary Indications:

- * For any known condition that provokes fear or anxiety – such as public performance or travel
- * For use during any natural disaster or personal calamity. Works well in tandem or alternation with Five-Flower Formula during the most intense and immediate episodes of panic and chaos. To deal with residual stress and ongoing symptoms, use Post-Trauma Stabilizer
- * A beneficial remedy for those with a constitutional tendency toward fear, panic, anxiety, restless agitation or disturbed sleep accompanied by anxiety
- * An excellent remedy for children who are confronting new performance-based challenges in school or community
- * A good baseline formula for all animals who are prone to fear; or who exhibit nervous unease in certain situations

Positive qualities: Calm composure and containment during any threatening situation; ability to move forward with courage and fortitude despite adversity; proactive resolution of any stressful situation; valor and bravery

Patterns of imbalance: Fear and anxiety; inability to act due to paralysis or numbness; restless agitation or disturbed sleep due to pronounced worry; paranoia, or panic due to extreme fear; nervous tension and distress

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